



Robbinsville Yoga

With long-time yoga teacher, Cathy Woods

At ***The Gleanings Foundation***

July Classes

EXPERIENCE THE MANY BENEFITS OF YOGA

July 3, 10, 17, 24, 31

Tues. 5:30 – 6:30 pm

\$10.00 per class, pay as you go

ALL LEVELS CLASS, suitable for everyone

Wear clothing that allows movement, mats available if needed

www.cathywoodsyooga.com www.facebook.com/cathywoodsyooga

www.gleaningsfoundation.org

Call or e mail Cathy with questions: 828-479-9373 cathywoodsyooga@gmail.com