

Robbinsville

Yoga

With long-time yoga teacher, Cathy Woods

At Gleanings Foundation, off Mtn. Creek

EXPERIENCE THE MANY BENEFITS OF YOGA

5 week session

June, 20, June 27, July 11,18, & 25

Tues. 5:30 - 6:30 pm \$10.00 per class

Some of the proceeds are donated to Gleanings for use of their beautiful space

ALL LEVELS CLASS, suitable for everyone

Wear clothing that allows movement, mats available if needed

www.cathywoodsyoga.com www.facebook.com/cathywoodsyoga cathywoodsyoga@gmail.com or 828-479-9373 www.gleaningsfoundation.org