THE GLEANINGS FOUNDATION

PRESENTS

Amanohuna

Vibrational Healing for Yourself and Others

30 years ago, when I went to Hawaii, Spirit told me I would meet a new spiritual teacher. I was very surprised to find that that teacher turned out to be a



rock! When I touched one of the Kahuna Rocks on Waikiki Beach, an ancient healing energy called Amanohuna was transmitted to me. I was also instructed in how to awaken the gift of healing in others. Amanohuna may also increase your intuitive abilities.

In this One Day Workshop you will:

- 1. Learn the full history of Amanohuna and Reiki.
- 2. Have your chakras awakened and retuned through sound and vibration to transmit the frequencies of healing.
- 3. Learn how to administer a full body healing treatment to yourself.
- 4. Learn how to administer a full body healing treatment to someone else.
- 5. Receive a manual with those instructions.
- 6. Give and receive a full body healing treatment.
- 7. Be certified as a First Degree Amanohuna Healing Energy Practitioner.



Arthur Cataldo has been practicing and teaching vibrational energy healing for 30 years. He is a Reiki Master /Teacher, an Amanohuna Master /Teacher and a Karuna Reiki Master/Teacher. He is also trained in Regenesis, now known as Quantum Touch, Therapeutic Touch, and a number of other healing modalities. A former clinical psychologist, he is also trained in clinical hypnosis, including past life regression. He now also practices Cymatherapy[®] sound therapy.

PREVIEW: Friday, March 1, 7:00 – 9:00 pm FREE at The Main Foundation Bldg

WORKSHOP: Saturday, March 23, 10:00 am - 6:00 pm at The Harvest House

- **COST:** \$100. No prior training is necessary. Wear comfortable clothing and bring lunch. (Bring a massage table if you have one)
- **CONTACT:** The Gleanings Foundation at (828) 479-2233 or by email at <u>gleaningsfoundation@frontier.com</u> to register.